

MEETING:	Joint Overview and Scrutiny Committee North Central London
DATE:	
TITLE:	Funding of Mental Health Services in Camden and Islington
LEAD DIRECTOR:	
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1. FUNDING FOR MENTAL HEALTH SERVICES IN CAMDEN AND ISLINGTON

Islington and Camden Clinical Commissioning Groups (CCGs) work closely with Camden and Islington Councils, to jointly commission Mental Health (MH) Services; building on the long history of productive joint working, between the Councils and Primary Care Trusts.

2. MENTAL HEALTH NEED

In Camden in 2013 there are 3,171 adults diagnosed with serious mental illness (SMI) registered with Camden GPs, 28,331 adults who have at one-time been diagnosed with depression, anxiety or both and 813 people with dementia. Camden has the 3rd highest SMI prevalence and 7th highest depression prevalence in London. There are 810 people diagnosed with dementia and registered with a GP. This is lower than London and national averages, reflecting a younger demographic.

In Islington there are 3,228 adults diagnosed with psychosis or a bipolar disorder. This is the highest percentage in England and nearly double the national average of 0.8%. 12.6% (22,692) of people aged 18 and over were recorded as being diagnosed with depression in 2011/12. This is higher than both London and England averages (8.1% and 11.7% respectively). In Islington there are 787 people recorded as having dementia. This is also lower than London and national averages, reflecting a younger demographic

3. INVESTMENT IN MENTAL HEALTH

Given the high level of MH need both Camden and Islington Primary Care Trusts (PCTs) historically made significant investments in mental health services; a picture which has been sustained by the CCGs. Work to develop a Mental Health Tariff is expected to produce technical benchmarking data across MH Trusts.

4. INVESTMENT 2009-10

5. Islington PCT funded Camden and Islington NHS Foundation Trust (C&IFT) at £34,639,000 in 2009-10 for adult MH and older people, excluding substance misuse.
6. Camden PCT funded C&I at £42,041,000 in 2009-10 for adult MH and older people, excluding substance misuse.

7. SERVICE REDESIGN

Joint Commissioning in Islington and Camden have worked work closely with C&IFT to innovate and adopt best practice to produce an efficient, high quality services to ensure increasing need is met.

Since 1998 significant investment in mental health services has led to the development of new teams and innovative ways of working with service users in community settings, including crisis teams, assertive outreach teams, early intervention services, crisis houses as an alternative to admission and the development of recovery centres and fast track assessment wards. Inpatient admission is now only one of a range of options open to service users.

97% of service users in Camden and Islington are supported to live at home or in the community. Significantly, up to 2011, this led to increased bed capacity becoming available. It was often the case that 70 to 75 beds are unused at any one time, out of a total of 302 inpatient beds (25%). The number of vacant beds reached 88 in April 2011, or 29% of the bed base.

In 2011 C&IFT and Islington and Camden PCTs jointly undertook a review of the Trust's inpatient provision. Their respective Boards concluded there was a case to consolidate the Trust's bed base and undertook a joint public consultation on proposals to reduce the number of beds by 95 beds (31% of capacity), and to reduce the number of sites from four to two. There was no evidence produced to alter the clinical case for change during the consultation and the changes were implemented as planned.

C&IFT also reviewed community mental health provision driven by a will to ensure all service users should be offered the appropriate evidence-based interventions for their diagnosis and needs, using National Institute for Health and Care Excellence (NICE) guidelines where available.

This required new ways of working in the community and C&IFT have undertaken an extensive reconfiguration of community mental health services in 2012-13 and 2013-14. The reconfiguration moved services from a generic model of care to a more specialised model of care, clustering service users with similar needs and providing a single point of access. Islington and Camden Shadow CCGs monitored performance closely during the transition period.

Throughout this period Camden and Islington CCGs have continued to invest in community MH Services e.g. Parental Mental Health in Islington and crisis house provision in Camden

8. Islington Investment 2013-14

Islington CCG funded C&I at £31,712,340 with an additional £425,000 local incentive scheme. Islington CCG also invested a recurrent £1,740,800 in new services to

support the accelerated development of integrated care in 2013/14. For example: Mental Health Reablement and additional community crisis beds.

Islington Council with Islington CCG fund a pooled budget for largely voluntary sector community mental health services of £4,474,000 as well as new investments in prevention to the value of £340,000. Islington Council invested a further £2m in MH community provisions, £2,530,870 in MH housing support Services and there is a further £3m invested by Islington Council to support the delegated social care functions under the S75 agreement.

The total Investment in mental health across statutory and independent sector in Islington is **£46,176,253**.

9. Camden Investment 2013-14

Camden invests recurrent funding of £1,379,115 in three new service developments. Funding of £678,583 has been allocated to expand the range and type of crisis services which are available to people with mental health problems living in Camden by opening a second crisis house in the borough with a particular focus on increasing the use of crisis accommodation by people from BME communities, men and people from the South of the borough. Additional funding of £263,812 has been allocated to expand the current Psychological Therapies Service to improve outcomes for people with either Long Term Conditions or Medically Unexplained Symptoms by addressing the common mental health problems associated with these and to ensure psychological interventions are a routine part of integrated services for people with LTC / MUS. Finally additional investment of £436,720 has been provided to support people with dementia to remain at home through early diagnosis, assessment and care planning and by increasing the capacity and capability of the crisis team to manage the needs of people with dementia presenting at A&E and therefore prevent avoidable hospital admissions for those in crisis.

Camden invests a further £1.3 million as part of Improving Access to Psychological Therapies. This service is commissioned to help people with more common mental health problems such as anxiety or depression and support at least 50% of those receiving a service to move to recovery. In November 2013, Camden CCG approved additional investment of £400,000 to increase the service offer to meet the needs of more complex patients being seen within the Camden Psychological Therapy Service and a further £800,000 to increase the capacity for Camden to support at least 15% of all people with anxiety or depression and ensure they receive a service.

Camden Council delegates a mental health budget to the Trust of £13,119,000.

This reflects a significant total investment in mental health across all sectors in Camden of **£59,359,436**.

10. Aggregate Investment

Aggregate investment across Camden and Islington is £105,535,689 in 2013-14.

As these figures demonstrate the reconfiguration of services and reduction of in-patient beds has not led to an overall reduction in spending on mental health services since 2009 – instead, funds have been reinvested to ensure better community services, better outcomes for patients and better value for money for the NHS.

11. It should be noted that some significant areas of investment are no longer held locally but are delivered locally. These include specialist Mental Health Services such as Prison Health, Criminal Justice Liaison and Diversion, Forensic MH, Eating Disorder and some Personality Disorder Services. Camden and Islington Joint Commissioning and C&I maintain close working relationships with NHS England Commissioners and local specialist providers to enable a whole system approach.

12. THE FUTURE

The Mental Health (MH) Tariff for mental health services is a system intended to give both commissioners and providers assurance that people receive the best treatment according to their individual needs, preferences, and the clinical evidence and that this treatment makes a difference. The development work undertaken by C&I puts it in a good position to deliver the new system. It is intended that the system is fully operational from 2015/16 (with 2014/15 as a 'shadow year').

The current system of block contracts, where providers including C&IFT are paid the same, irrespective of the number and complexity of service users treated, will be replaced by a system where funding is directly linked to complexity and mix of a service user's need and the cost of the evidence-based interventions they require for recovery.

This means that the balance of risk between commissioner and provider changes, with providers no longer having fully to bear any risk of higher than expected referrals from GPs or funding shortfalls for evidence-based treatments (as articulated through the debate on parity of esteem for the funding of mental health services).

To avoid risk of financial instability to commissioners and providers, contracting based on fixed prices within the block contract is being phased in. It is envisaged that 2014/15 will be a shadow year before the new system becomes fully operational in 2015/16.

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